

Recovery from Mormonism (RfM) discussion forum.

What do you live for on a day to day basis now? (n/t)

Posted by: Cold-Dodger ()
Date: July 07, 2015 10:28AM

My kids. (n/t)

Posted by: c12 ()
Date: July 07, 2015 10:28AM

Re: What do you live for on a day to day basis now?

Posted by: hopefulhusband ()
Date: July 07, 2015 10:31AM

My self. (selfish I know).

I live for my interests. They include:

- my children
- my wife
- my hobbies
- my desire to learn
- my reading
- my farm
- my workouts

I live to live. I love my life more today than I ever have in the past. Every moment seems precious and I find deeper joy in those moments than I remember previously.

What will be (in the next life) will be. What is happening now, at this moment, is what resonates with my inner heart.

Re: What do you live for on a day to day basis now?

Posted by: Breeze ()
Date: July 09, 2015 05:56AM

You said it, Hopeful Husband!

I would add, LOVE!

I always had this positive view of life, and the freakishly negative Mormons would accuse me of being flighty, light-hearted, irresponsible. Know what? I'm true to myself, steady, and dependable.

Add "Integrity, courage, optimism, and humor."

I never had a second thought about leaving that nasty cult, that abused my children. The Mormon harassment and shunning only made me more glad to be out. Life just gets better and better!

[Re: What do you live for on a day to day basis now?](#) Posted by: scotslander ()
Date: July 07, 2015 10:32AM

Hard drugs, alcohol, gambling, hookers, theft, Satanic music, coffee... Just the usual stuff people get totally into when they leave the church.

sarcasm

[Re: What do you live for on a day to day basis now?](#) Posted by: - ()
Date: July 09, 2015 09:19PM

Well now, that may just be worth jt

[Re: What do you live for on a day to day basis now?](#) Posted by: Stray Mutt ()
Date: July 07, 2015 10:32AM

I live for the enjoyment of living.

[Re: What do you live for on a day to day basis now?](#) Posted by: Heresy ()
Date: July 07, 2015 10:34AM

The sheer joy of being alive, making my own choices, and not being the slave of 15 old geezers.

Traditionally, organized religion has impressed on us all that it is critically important that we find the 'meaning' of life, and coincidentally, only they can supply the right answer.

When you give up religion, the trick is to realize finding a great mystical meaning isn't important at all. We are wasting our time and energy searching for something that doesn't exist. Forget it.

[Re: What do you live for on a day to day basis now?](#) Posted by: blind mule ()
Date: July 07, 2015 10:40AM

You owe it to yourself to go live life to the fullest. You are here on earth, enjoy it, I think about all the time wasted doing the scut work. The world is a huge place, No one should dictate to you what to do, find your joy and live it.

Heres a brief thought from the Athiest Manifesto.

Get all the joy and happiness you can out of life. Enjoy the fruits of your labor and waste it not upon the myth of heaven; support not the parasites of God.

Do not knowingly harm another human being; do not knowingly injure your fellow man. All forms of life have feeling, do not make them suffer. As Shakespeare says: 'The poor beetle, that we tread upon, In corporal sufferance finds a pang as great As when a giant dies.' Kindness is a magic solvent.

While we know that sometimes 'ingratitude is more strong than traitor's arms,' we also know that 'mercy is twice blest; it blesses him that gives and him that takes,' and, it should be remembered that while Loyalty is the most important of the virtues, Patience is the most valuable.

Become a courageous human being and do the best you can under any and all circumstances in this imperfect and troublesome world. Be brave enough to live and be brave enough to die, knowing that when the Grim Reaper comes, you did the best you could and that the world is better for your having lived.

[Re: What do you live for on a day to day basis now?](#) Posted by: sonofabish ()
Date: July 07, 2015 10:41AM

This was something that I struggled with in my transition. For a while I couldnt help but to think that there was no point to anything anymore and felt completely lost and even had suicidal thoughts. Thankfully, I came to realize that there is plenty to live for and I have to make my own purpose. I realized that there is one absolute in life and thats death and there is no need to expedite that. For me, my purpose is to be the best husband and father that I can and to live each day to its fullest. I am more at peace with how things are going now then I have for a long time.

[Re: What do you live for on a day to day basis now?](#) Posted by: blueorchid ()
Date: July 07, 2015 10:42AM

Honest interactions

Accomplishment

Flowers

Never leveling off, ever.

[I live for life now; rather than preparing for death and nothingness. \(n/t\)](#) Posted by: dydimus ()
Date: July 07, 2015 10:44AM

[Better than the Temple shock](#) Posted by: ElderCarrion ()
Date: July 07, 2015 10:46AM

I live a real life now. No days of the week are spent dressing to impress others. I keep my volunteer work to near zero. I am loved by hitchhikers, homeless friends and working single mom's who think a ridiculous tip is the best moment of their day while away from the kids, depending on the kindness of an oppressed population.

I remember the shock I felt as I stood among older folks dressed in white, with Baker's hats on and funny green aprons. It was in a building built with slave labor. A cult directed the work, and did such a fine job of acting that I willingly gave 27 years of my life to building it up.

This fraud goes unpunished.

How? Why? It continues. It is like a cancer, spreading to many nations, teaching things that Jesus never mentioned at all.

What do I do today? I listen to a balm that heals my soul, once lost. I suggest you try it, too.

I fly now. I really do.

<https://www.youtube.com/watch?v=uqgM26yCjok>

Re: [What do you live for on a day to day basis now?](#) Posted by: elderolddog ()
Date: July 07, 2015 10:48AM

To love and be loved.

Laughter.

Schmaltzy music.

Golf.

Re: [What do you live for on a day to day basis now?](#) Posted by: amyjo ()
Date: July 07, 2015 10:56AM

Breathing.

Praising.

Loving.

Feeling.

Being.

Looking to the future, and planning for retirement in a few years. Trying to find my happy medium and do something with the time I have to leave the world a little better place than I found it. Worry less, love more.

Re: [What do you live for on a day to day basis now?](#) Posted by: summer ()
Date: July 07, 2015 11:04AM

Self-realization, and I think it's a shifting target. For most people it will likely include meaningful work, relationships, nurturing, charitable endeavors, reading and thinking, creative endeavors, and so on. You try to find a balance, but there will be periods of your life where one or more areas will take precedence.

I think it takes looking at your life closely and seeing what areas are in need of

attention and work. When I was younger, I had a strong need for achievement in school and in my professional life. I had a need to prove myself in the big city. Then my focus shifted to more humane endeavors, and for a long time that fed my soul. Now it is shifting again to...I know not what.

The 20's are a tough age (for most) because you are used to other people setting priorities for you and telling you what is important. For the first time, you get to set your own course and determine what is important to you. And that is a scary thing.

My recommendation to young people is to focus on finding meaningful and remunerative work because that will allow you in turn the resources to get everything else in order. Cold-Dodger, it is obvious that you are a highly intelligent young man. You will need to find work that is sufficiently challenging and satisfying for you.

You might also enjoy studying the wide range of philosophies and religions of the world. If BYU-I offers courses in these areas, I would take them. Learn about Buddhism, Taoism, Shinto, and Confucianism. Learn about how other people make sense of the world. Free your mind!

[Re: What do you live for on a day to day basis now?](#)

Posted by: Craig ()

Date: July 07, 2015 11:16AM

I live for myself, my wife, my kids, my grandkids, and for the pure joy of living.

[Re: What do you live for on a day to day basis now?](#)

Posted by: NormaRae ()

Date: July 07, 2015 11:22AM

ME!

My kids and grandkids are not part of my daily life, but doing fun things for them and planning when I can see them brings me joy.

But on a daily basis it's

--fun with great friends (who are super intelligent and fun and think like me)

--a job I enjoy more all the time

--volunteering for things that I'm passionate about

--seeing new things

--reading reading reading (NOT scriptures)

--pet sitting

--watching things I love on video--I don't watch broadcast TV but I binge watch series I missed, love documentaries and TED talks

--gardening

--catching great live music and plays since I live in a city where that is abundant

--and mostly just spending this latter part of my life (my last years working and hopefully a number of my retirement years) just catching up on all the things I missed when I was living somebody else's life--somebody else's plan. And boy did I miss a shit-ton of stuff.

[Re: What do you live for on a day to day basis](#)

Posted by: Void K. Packer ()

now?

Date: July 07, 2015 11:43AM

The gods require that I heal a bit of highly degraded land and make beautiful objects of functional utility, which is heavily biased towards musical instruments. A Neapolitan inspired harpsichord is currently on the workbench.

They are nagging me to also create archaic artistic symbols, but that will have to wait until I retire, should I be so fortunate. Another life companion may be suggested, but, frankly, the whole searching process would be a tedious task I'd rather not do.

Re: [What do you live for on a day to day basis now?](#) Posted by: ificouldhietokolob ()
Date: July 07, 2015 11:58AM

I live for living.

Living lets me enjoy the wonderful company of my wife and kids (including a newborn, almost 2 weeks old!). It lets me learn more about the universe and everything in it. It lets me experience joy, suffering, ecstasy, pain, and everything in between. It's awesome.

Not living -- not so much.

Re: [What do you live for on a day to day basis now?](#) Posted by: Elder Berry ()
Date: July 07, 2015 02:03PM

What did you live for before as a Mormon? The Celestial Kingdom?

I've never understood how religious fantasies cured existential angst for Mormons. You are either a miracle of existence or you are not. If not, somethings aren't so bad and somethings are really good - no God required.

If you require the fantastic, supernatural, and unearthly to live on this earth and get up each day, something must be wrong.

Re: [What do you live for on a day to day basis now?](#) Posted by: wine country girl ()
Date: July 07, 2015 02:08PM

To see what happens next!

Re: [What do you live for on a day to day basis now?](#) Posted by: Napoleon ()
Date: July 09, 2015 05:34AM

Whatever I want to, gosh!

Re: [What do you live for on a day to day basis now?](#) Posted by: presleyfactsrock ()
Date: July 09, 2015 11:06AM

Laughter and smiles

Freedom from unfounded, manufactured fears

Thinking, learning and doing what I want, when I want

Sharing wisdom rather than myths

Traveling and seeing new places and cultures

Answering to myself only

Smelling and enjoying the roses in all their amazing colors

Watching and being a part of my posterity's lives

Giving and receiving hugs, kisses and good conversation

Edited 1 time(s). Last edit at 07/09/2015 11:08AM by presleyfactsrock.

[Re: What do you live for on a day to day basis now?](#) Posted by: Jonny the Smoke ()
Date: July 09, 2015 12:38PM

Air to breath.

Food to eat.

Water to drink.

Warmth and Shelter.

Sleep.

A bathroom.

Love.

Music.

Nature.

[Re: What do you live for on a day to day basis now?](#) Posted by: southbound ()
Date: July 09, 2015 01:03PM

The past should be left in the past, otherwise it can destroy your future. Live life for what tomorrow has to offer, not what yesterday has taken away. Since realizing moism

is cult a few years ago, life has taken on new meaning. I love life and what it has to offer.

Re: What do you live for on a day to day basis now?

Posted by: Elder Berry ()
Date: July 09, 2015 01:54PM

southbound Wrote:

> Since realizing moism is cult a few
> years ago, life has taken on new meaning.

That it is what is to be lived for and not an afterlife?

Re:For "MySelf" proud to say..... (n/t)

Posted by: quinlansolo ()
Date: July 09, 2015 01:50PM

Re: What do you live for on a day to day basis now?

Posted by: saucie ()
Date: July 09, 2015 02:24PM

I live for Love

I live for my children

I live to learn new things

I live to enjoy it all.

Re: What do you live for on a day to day basis now?

Posted by: southbound ()
Date: July 09, 2015 04:29PM

Afterlife? If there is, so be it. Another adventure to try out. If there isn't, I will never know.

Re: What do you live for on a day to day basis now?

Posted by: ASteve ()
Date: July 09, 2015 04:48PM

<https://www.youtube.com/watch?v=F1IruWGGbn4>

Re: What do you live for on a day to day basis now?

Posted by: saucie ()
Date: July 09, 2015 08:19PM

Excellent !!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

Did I say Excellent?

This is my favorite answer as well (n/t)

Posted by: donbagley ()
Date: July 09, 2015 08:41PM

Re: What do you live for on a day to day basis now?

Posted by: SusieQ#1 ()
Date: July 09, 2015 09:33PM

I live for each day. It's quite enough!

Re: What do you live for on a day to day basis now?

Posted by: michaelc1945 ()
Date: July 09, 2015 10:28PM

Taking life one day at a time and making the best effort that I can to enjoy the time I have left in companionship with my wife.

Recovery from Mormonism
www.exmormon.org